

## WHITE CLIFFS RAMBLERS: Walks programme August / September 2020

PLEASE READ THESE NOTES CAREFULLY



### **Covid – 19**

Due to COVID-19, we all need to take extra steps to stay safe. Please follow all safety advice given by the walk leader, including the latest guidelines on physical distancing.

Please do not attempt to join any walk if:

- you have had any of the following symptoms during the previous 7 days – a high temperature, a new continuous cough, the loss, or a change to your sense of smell or taste:  
OR
- If you have recently (within the previous 14 days) had contact with someone who has tested positive for Covid - 19

### **Re-starting Group led walks**

In compiling this walk programme we have had to change the way that we do things:

- Initially, we are only offering a programme of shorter walks – up to 7.5 miles (12.1kms):
- The numbers attending each walk will be restricted to 6 (the walk leader plus five others):
- You will need to book a place in advance – booking details are to be found for each separate walk: and
- We will need to keep a list of those attending each walk for contact and trace purposes.

By taking a careful step at a time, we will not be immediately resuming a four-month programme of walks, but rather plan for 6 – 8 weeks. This will allow us more flexibility should the current restrictions be relaxed further, or conversely should tighter restrictions be re-imposed.

### **Restrictions on numbers**

To meet this requirement, we have adopted one or other of the following options:

- Two or more walk leaders, offering the same walk, on the same day but setting off in groups of 6 at different times (for example thirty minutes apart).
- Two or more walk leaders offering a walk, at the same time, from entirely different locations with no opportunity for the two groups to meet en route (for example one walk could start from Hythe, whilst the other starts in Broadstairs).

### **Booking onto a walk**

To manage the numbers, we have had to introduce a booking system. In the first instance this will be as simple as contacting the walk leader (by phone or email or text) to book a place. However, if this places too high a demand on our walk leaders then we will need to put in place an online booking system. The details of how to book any given walk are explained in each separate walk description. Please do not try to book by any other means. To ensure that everyone has a fair chance of getting onto a walk, please take account of the following points:

- Only book a place for yourself and up to one other member of your household. Do not attempt to book places for a group of friends.

- Only book a maximum of 2 walks each month – we will notify you if there are any vacancies are available.
- When booking a walk please ensure that you give your name and contact details (phone number or email address).
- Please do not turn up for the start of a walk if your booking has not been confirmed.
- Once your place has been confirmed it is important that you turn up for the walk, or at least let the walk leader know twenty-four hours in advance if you are not able to attend. This will allow the place to be allocated to someone else.
- Please do not turn up on the day of the walk without booking in the hope of joining the walk – there is a strong chance that you will be turned away.

### **Before the walk**

#### Getting to the walk

- Plan how you will get to the walk. Remember you are not allowed to share a car with someone outside of your household or social bubble, and it may not be possible to use public transport.
- Plan to arrive at the start location no more than 15 minutes beforehand – this is particularly important where there are walks on the same day starting from the same location but with staggered start times. If you do arrive early, please keep your distance from any group that it is preparing to set off.

#### Food & Drink

- Bring your own food or snacks and plenty of water, as cafes or pubs may still be closed.

#### Clothing & Equipment

- Wear suitable clothing and footwear for the conditions. A hat and sun-screen might be advisable on hot sunny days.
- You may want to bring your own alcohol-based hand sanitiser, gloves, face covering and first aid supplies. There is no requirement to wear a face covering during the walk, but it may be needed in case someone gets into difficulty during the walk and you need to close the distance between you in order to assist them.

### **On the walk**

- Follow the government guidelines on social contact & physical distancing. Listen to the walk leader's briefing so you know what to do and follow the latest guidelines.
- Where possible, avoid touching gates and path furniture. If you do – wash your hands as soon as possible. Carrying alcohol-based hand sanitiser is recommended.
- Do not share food & drink, or equipment such as walking poles
- Walk responsibly. When other walkers are passing, remember to stand back and give way. Let the walk leader or backmarker know if you are having problems, feel unwell, or need to slow down or stop.

Following the walk, we will keep, for a short period of time, a list of attendees in case there is a need to contact and trace.

White Cliffs Ramblers – Walks Programme August/ September 2020

Date	Description	Map ref. Postcode	Time	Grade	Miles (kms)	Walk leader
Sunday 02/08/2020	<p><a href="#">Hythe - Saltwood</a></p> <p>The Castles of Kent: Meet at Portland Road car park (by The Green and behind the closed Duke's Head pub). The walk follows the Military Canal through Hythe and onto Saltwood Castle. The route then returns via Pedling, crossing Brockhill Stream and back into Hythe.</p> <p>Portland Rd Car Park is Pay and Display - cost £1.00 for 3 hours or £2.00 for all day - though places are limited. There is usually plenty of free parking available a short distance away along A259 Dymchurch Road, or along A259 Military Road on the other side of the Military Canal.</p> <p>Registered Assistance Dogs Only (RADO)</p> <p><b>BOOKING IS ESSENTIAL.</b></p> <p>To book a place please <b>EMAIL</b> <a href="mailto:andrewswarbrick13@gmail.com">andrewswarbrick13@gmail.com</a> or <b>CALL</b> 07754 797848 between 9am and 9pm</p>	TR158346 CT21 5AX	10:00	Mod. 3	5 (8)	Andrew Swarbrick
Sunday 02/08/2020	<p><a href="#">Hythe - Saltwood</a></p> <p>The Castles of Kent: Meet at Portland Road car park (by The Green and behind the closed Duke's Head pub). The walk follows the Military Canal through Hythe and onto Saltwood Castle. The route then returns via Pedling, crossing Brockhill Stream and back into Hythe.</p> <p>Portland Rd Car Park is Pay and Display - cost £1.00 for 3 hours or £2.00 for all day - though places are limited. There is usually plenty of free parking available a short distance away along A259 Dymchurch Road, or along A259 Military Road on the other side of the Military Canal.</p> <p>Registered Assistance Dogs Only (RADO)</p> <p><b>BOOKING IS ESSENTIAL.</b></p> <p>To book a place please <b>EMAIL</b> <a href="mailto:andrewswarbrick13@gmail.com">andrewswarbrick13@gmail.com</a> or <b>CALL</b> 07754 797848 between 9am and 9pm</p>	TR158346 CT21 5AX	10:30	Mod. 3	5 (8)	John Pye
Sunday 02/08/2020	<p><a href="#">Hythe - Saltwood</a></p> <p>The Castles of Kent: Meet at Portland Road car park (by The Green and behind the closed Duke's Head pub). The walk follows the Military Canal through Hythe and onto Saltwood Castle. The route then returns via Pedling, crossing Brockhill Stream and back into Hythe.</p> <p>Portland Rd Car Park is Pay and Display - cost £1.00 for 3 hours or £2.00 for all day - though places are limited. There is usually plenty of free parking available a short distance away along A259 Dymchurch Road, or along A259 Military Road on the other side of the Military Canal.</p> <p>Registered Assistance Dogs Only (RADO)</p> <p><b>BOOKING IS ESSENTIAL.</b></p> <p>To book a place please <b>EMAIL</b> <a href="mailto:andrewswarbrick13@gmail.com">andrewswarbrick13@gmail.com</a> or <b>CALL</b> 07754 797848 between 9am and 9pm</p>	TR158346 CT21 5AX	11:00	Mod. 3	5 (8)	Barbara Hutton

Sunday 02/08/2020	<b>Wingham</b> Meet at St Mary's Meadow car park. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Jane on 01304 611771 between 5:00pm and 7.00pm	TR244576 CT3 1DW	10:00	Mod. 2 / 3	6 (9.7)	Jane Gardener
Sunday 02/08/2020	<b>Wingham</b> Meet at St Mary's Meadow car park. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Lesley on 01304 825102 or 07753 245969.	TR244576 CT3 1DW	10:30	Mod. 2 / 3	6 (9.7)	Lesley Stephenson
Thursday 06/08/2020	<b>Faversham</b> Meet near Macknade's Farm Shop / Café. This walk follows part of the Swale Heritage Trail. For refreshments following the walk, at Macknade's there is a coffee shop, with a seated area, serving light bites (no need to book). Alternatively there is The Gunpowder Mill pub, booking required on 01795 342648. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>EMAIL:</b> <a href="mailto:rosie12hall@gmail.com">rosie12hall@gmail.com</a>	TR024603 ME13 8XB	10:00	Mod. 2 / 3	7.5 (12.1)	Richard Frith
Thursday 06/08/2020	<b>Faversham</b> Meet near Macknade's Farm Shop / Café. This walk follows part of the Swale Heritage Trail. For refreshments following the walk, at Macknade's there is a coffee shop, with a seated area, serving light bites (no need to book). Alternatively, there is The Gunpowder Mill pub, booking required on 01795 342648. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>EMAIL:</b> <a href="mailto:rosie12hall@gmail.com">rosie12hall@gmail.com</a>	TR024603 ME13 8XB	10:30	Mod. 2 / 3	7.5 (12.1)	Rosie Hall
Sunday 09/08/2020	<b>Dover</b> Meet in the National Trust (NT) car park (Langdon Cliffs, Upper Road). Free to NT members, £5.00 for non-members. Coastal walk via South Foreland Lighthouse to St. Margaret's for a coffee stop at The Pines Gardens before returning. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Helena Trevelyan on 07940 544211 between 7:00pm and 8.00pm daily.	TR336422 CT16 1HJ	10:00	Mod. 3	6.5 (10.5)	Rowena Pearce
Sunday 09/08/2020	<b>Dover</b> Meet in the National Trust (NT) car park (Langdon Cliffs, Upper Road). Free to NT members, £5.00 for non-members. Coastal walk via South Foreland Lighthouse to St. Margaret's for a coffee stop at The Pines Gardens before returning. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Helena Trevelyan on 07940 544211 between 7:00pm and 8.00pm daily.	TR336422 CT16 1HJ	10:30	Mod. 3	6.5 (10.5)	Helena Trevelyan

Thursday 13/08/2020	<p><a href="#">Chilham</a> Park in the lower car park, then proceed to the entrance to Chilham Castle (The Square), where this walk will start from. After the walk there are 2 pubs in the village (may need to book) and Shelley's Tea rooms, currently providing a take away service. In the afternoon there is the opportunity to visit Chilham Castle Gardens - open until 4:00pm. Cost £5.00</p> <p><b>BOOKING IS ESSENTIAL.</b> To book a place please <b>EMAIL</b> <a href="mailto:jill_roche@btinternet.com">jill_roche@btinternet.com</a></p>	TR066536 CT4 8BZ	10:00	Mod. 3	6.5 (10.5)	Jill Roche
Thursday 13/08/2020	<p><a href="#">Chilham</a> Meet in the lower car park then proceed to St. Mary's Church, the walk will start from the church porch. This walk will follow a different route than the other walk starting at the same time. After the walk there are 2 pubs in the village (may need to book) and Shelley's Tea rooms, currently providing a take away service. In the afternoon there is the opportunity to visit Chilham Castle Gardens - open until 4:00pm. Cost £5.00</p> <p><b>BOOKING IS ESSENTIAL.</b> To book a place please <b>EMAIL:</b> <a href="mailto:rosie12hall@gmail.com">rosie12hall@gmail.com</a></p>	TR066536 CT4 8BZ	10:00	Mod. 3	6 (9.7)	Rosie Hall
Thursday 13/08/2020	<p><a href="#">Chilham</a> <b>BOOKINGS FOR THIS WALK ARE NOW FULL.</b> Meet in the lower car park where the walk will start from. This walk will follow a different route than those starting at 10:00am. After the walk there are 2 pubs in the village (may need to book) and Shelley's Tea rooms, currently providing a take away service. In the afternoon there is the opportunity to visit Chilham Castle Gardens - open until 4:00pm. Cost £5.00</p> <p><b>BOOKING IS ESSENTIAL.</b> To book a place please <b>EMAIL</b> <a href="mailto:maglou1@yahoo.co.uk">maglou1@yahoo.co.uk</a></p>	TR066536 CT4 8BZ	10:30	Mod. 3	6 (9.7)	Margaret Milsted - Williamson

Sunday 16/08/2020	<p><a href="#">Herne Bay</a> Meet near the Kings Hall, Beacon Hill. This walk will go to Reculver and back. It is mostly flat with a set of steps (at Bishopstone) and no stiles or gates to go through. There are toilets at Kings Hall and Reculver which are now open, also there is "Hathats" coffee shop at Reculver that is open for takeaways. If the timing was right for the tide we may be able to walk along the beach. Parking for Kings Hall is on local streets and generally before 10 on a Sunday there is space on Beacon Hill (and no charges), the further up you go the more quiet it is. There is Neptune car park on the sea front but this is pay and display and gets quite busy.</p> <p><b>BOOKING IS ESSENTIAL.</b> To book a place please <b>TEXT</b> John Pye on 07414 863194.</p>	TR184683 CT6 6AT	10:00	Mod. 2	6 (9.7)	John Pye
Sunday 16/08/2020	<p><a href="#">Herne Bay</a> Meet near the Kings Hall, Beacon Hill. This walk will go to Reculver and back. It is mostly flat with a set of steps (at Bishopstone) and no stiles or gates to go through. There are toilets at Kings Hall and Reculver which are now open, also there is "Hathats" coffee shop at Reculver that is open for takeaways. If the timing was right for the tide we may be able to walk along the beach. Parking for Kings Hall is on local streets and generally before 10 on a Sunday there is space on Beacon Hill (and no charges), the further up you go the more quiet it is. There is Neptune car park on the sea front but this is pay and display and gets quite busy.</p> <p><b>BOOKING IS ESSENTIAL.</b> To book a place please <b>TEXT</b> John Pye on 07414 863194.</p>	TR184683 CT6 6AT	10:30	Mod. 2	6 (9.7)	Mary Cross
Thursday 20/08/2020	<p><a href="#">Lyminge</a> Meet at the village hall car park, small donation for parking.</p> <p><b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL (before 9:00pm)</b> 01303 259075 or 07586 045998.</p>	TR158408 CT18 8EW	10:00	Mod. 3	6 (9.7)	Colin Coomber
Thursday 20/08/2020	<p><a href="#">Lyminge</a> Meet at the village hall car park, small donation for parking. This will follow a different route from the morning walk.</p> <p><b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL (before 9:00pm)</b> 01303 259075 or 07586 045998.</p>	TR158408 CT18 8EW	13:30	Mod. 3	6 (9.7)	Colin Coomber
Sunday 23/08/2020	<p><a href="#">Walmer</a> Meet at Kingsdown Road car park, near the bottom of Granville Road. This walk will head inland towards Ripple before returning.</p> <p><b>BOOKING IS ESSENTIAL.</b> To book a place please <b>RING</b> 07932 812514 or <b>EMAIL</b> <a href="mailto:leepickup@icloud.com">leepickup@icloud.com</a></p>	TR378505 CT14 7LH	10:00	Mod. 3	6.3 (10.3)	Lee Pickup

Sunday 23/08/2020	<a href="#">Walmer</a> Meet at Kingsdown Road car park, near the bottom of Granville Road. This walk will head inland towards Ripple before returning. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>EMAIL:</b> <a href="mailto:lfworrell@gmail.com">lfworrell@gmail.com</a>	TR378505 CT14 7LH	10:30	Mod. 3	6.3 (10.3)	Linda Worrell
Sunday 23/08/2020	<a href="#">Canterbury</a> The Castles of Kent - to Canterbury Castle; St Martins (oldest church in the English-speaking world) and river bridges. Meet Canterbury City Council Offices, on-street parking on Military or Chaucer Roads, (free Sundays). <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>TEXT</b> 07855 898234.	TR157584 CT1 1ZL	10:00	Mod. 2	6.2 (10)	Chris Boucher
Thursday 27/08/2020	<a href="#">Bridge</a> Meet near the recreation ground, Patrixbourne Road. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>EMAIL</b> <a href="mailto:esoppitt@gmail.com">esoppitt@gmail.com</a>	TR185543 CT4 5BL	10:00	Mod. 3	6 (9.7)	Ev Soppitt
Thursday 27/08/2020	<a href="#">Bridge</a> Meet near the recreation ground, Patrixbourne Road. This walk will be following the same route as the walk starting at 10:00am <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>EMAIL</b> <a href="mailto:esoppitt@gmail.com">esoppitt@gmail.com</a>	TR185543 CT4 5BL	10:15	Mod. 3	6 (9.7)	Diana Backwell
Sunday 30/08/2020	<a href="#">Lyminge</a> Meet at the village hall car park, small donation for parking. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Len on 01303 862862.	TR158408 CT18 8EW	10:00	Mod. 3	6 (9.7)	Len Jeavons
Sunday 30/08/2020	<a href="#">Ash</a> Meet at the village hall car park. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Jane on 01304 611771 between 5:00pm and 7.00pm	TR288584 CT3 2AW	10:00	Mod. 2/3	6 (9.7)	Jane Gardener
Thursday 03/09/2020	<a href="#">Elham</a> Meet in the village square, near the church. May need to park on surrounding roads. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>EMAIL:</b> <a href="mailto:lfworrell@gmail.com">lfworrell@gmail.com</a>	TR178439 CT4 6TL	10:00	Mod. 3	7.5 (12.1)	Linda Worrell
Thursday 03/09/2020	<a href="#">Elham</a> Meet in the village square, near the church. May need to park on surrounding roads. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>EMAIL:</b> <a href="mailto:lfworrell@gmail.com">lfworrell@gmail.com</a>	TR178439 CT4 6TL	10:30	Mod. 3	7.5 (12.1)	Peter Wraight
Sunday 06/09/2020	<a href="#">Eastry</a> Meet at the village car park in the High St. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Lesley 01304 825102 or 07753 245969.	TR309548 CT13 OHE	10:00	Mod. 2	7.5 (12.1)	Lesley Stephenson
Sunday 06/09/2020	<a href="#">Bishopsbourne</a> Meet by the church. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Ross on 01227 657886 or 07962 810138.	TR187526 CT4 5HS	10:00	Mod. 2/3	6 (9.7)	Ross Millar

Thursday 10/09/2020	<a href="#">Wye</a> Meet in the village car park (Churchfield Way). <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Richard on <b>01233 812510</b>	TR054468 TN25 5AL	10:00	Mod. 4	7 (11.3)	Richard Blackford
Thursday 10/09/2020	<a href="#">St. Margaret's</a> <b>BOOKINGS FOR THIS WALK ARE NOW FULL.</b> Meet at the Dover Patrol Memorial. This walk will initially head inland before heading towards the coast and the South Foreland Lighthouse before returning. <b>BOOKING IS ESSENTIAL.</b> To book a place please contact <b>CALL</b> Lee on 07932 812514 or <b>EMAIL</b> <a href="mailto:leepickup@icloud.com">leepickup@icloud.com</a>	TR374453 CT15 6DF	10:00	Mod. 3	6.3 (10.1)	Lee Pickup
Sunday 13/09/2020	<a href="#">Canterbury</a> Meet at Gulbenkian Car Park, Library Rd, Kent University. This walk will take in Honey, Timber, Cole and Little Hall woods. It may be potentially muddy, but there are no styles. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>TEXT</b> 07855 898234.	TR140599 CT2 7NB	10:00	Mod. 3	6.2 (10)	Chris Boucher
Sunday 13/09/2020	<a href="#">Canterbury</a> Meet at Gulbenkian CP, Library Rd, Kent University. This walk will take in Church, Stock, and Homestall woods. It may be potentially muddy, but there are no styles. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>TEXT</b> 07855 898234.	TR140599 CT2 7NB	13:30	Mod. 3	6.2 (10)	Chris Boucher
Thursday 17/09/2020	<a href="#">Eastry</a> Meet on the green, opposite the church. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Rowena on 01304 614789.	TR310548 CT13 0GN	10:00	Mod. 2	6.2 (10)	Rowena Pearce
Thursday 17/09/2020	<a href="#">Eastry</a> Meet on the green, opposite the church. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Rowena on 01304 614789.	TR310548 CT13 0GN	10:30	Mod. 2	6.2 (10)	Margaret Lubbock
Sunday 20/09/2020	<a href="#">Sandwich</a> Meet at the Guildhall car park (currently free on Sundays). This walk heads towards Marshborough, and then onto Woodnesborough before returning to Sandwich. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>TEXT</b> 07976 944396	TR329580 CT13 9AP	10:00	Mod. 2	5 (8)	Anne Bristow
Sunday 20/09/2020	<a href="#">Sandwich</a> Meet at the Guildhall car park (currently free on Sundays). This walk heads towards Marshborough, and then onto Woodnesborough before returning to Sandwich. <b>BOOKING IS ESSENTIAL.</b> To book a place please <b>TEXT</b> 07976 944396	TR329580 CT13 9AP	10:30	Mod. 2	5 (8)	Tony Bristow



Thursday 24/09/2020	<p><b>Eastry</b> Meet at the picnic site (just off the Sandwich Road, near the junction with the A256, Eastry by-pass).</p> <p><b>BOOKING IS ESSENTIAL.</b> To book a place please <b>CALL</b> Jerry on 01304 363272 or 07778 020660</p>	TR315556 CT13 0DH	10:00	Mod. 3	5.5 (8.9)	Jerry Swallow
Thursday 24/09/2020	<p><b>Aldington</b> Meet near the Walnut Tree pub. Please park considerately on local roads.</p> <p><b>BOOKING IS ESSENTIAL</b> To book a place please <b>TEXT</b> 07710 689327 or <b>EMAIL</b> <a href="mailto:honeypotcottage2@gmail.com">honeypotcottage2@gmail.com</a></p>	TR063366 TN25 7DY	10:00	Mod. 3	7 (11.3)	Richard Box